



KIXX Martial Arts Club, Granville Rd, Maidstone, Kent ME14 2BJ

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APRIL 2022 - KIXX NEWS

KIXX Martial Arts Club - Fight Club

KIXX Martial Arts Club

FIGHT CLUB

Stand-Up
Groundwork
Pushing Hands
Sparring Drills

Rules will be agreed by individuals per bout and will be adhered to!!

Relax
Make YOUR Agreement
Improve YOUR Technique
Improve YOUR Confidence
Have FUN



Despite a difficult start to the year we were really pleased to be able to hold our first Fight Club of 2022 on Saturday the 26th March. We would like to thank all those that attended for a good days training and sparring. The NEXT FIGHT CLUB will be on Saturday the 30th April '22 (Pre-Book Only).



KIXX Martial Arts Club - Chinese Boxing Grading

Sadly we have not been able to host a Chinese Boxing Grading for a couple of years... we would like to hold our first grading following the pandemic on **SATURDAY the 7th MAY 2022** from 12:30pm to 3pm. Please speak to Nigel or Tracy for more details and for confirmation of your level to grade.

The grading will be open to Adults and Children though they will perform in their own categories. Any high grades that would like to attend as a course / revision, please see Nigel or Tracy...



Flash Back...

A grading photo from 2002. TWENTY years ago!! Can you recognise any faces? All of the children are now adults, many with children of their own...

CALENDAR – Dates to Remember...

Friday 15th APRIL - **GOOD FRIDAY** Bank Holiday

Sunday 17th APRIL - **EASTER SUNDAY**

Monday 18th APRIL - **EASTER MONDAY** Bank Holiday

Saturday 30th APRIL - **FIGHT CLUB** (Pre-Booked Attendance Only)

Monday 2nd MAY - May Bank Holiday

SATURDAY 7th MAY - GRADING Chinese Boxing

Thursday 2nd June - Bank Holiday

Friday 3rd June - Bank Holiday

A FULL TIME CENTRE for Chinese Martial Arts; Traditional SHAOLIN Kung Fu, Modern Wushu, Sanshou (Fighting), Self-Defence, Weapons, Relaxation, Tai Chi (Wuji) and Martial Fitness / Circuit Training... Classes to suit all abilities...