



KIXX Martial Arts Club, Granville Rd, Maidstone, Kent ME14 2BJ

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MARCH 2022 - KIXX NEWS

KIXX Martial Arts Club - Classes

We are very pleased to report that the Zoom classes have been running very successfully for the last few weeks.

We are now at the point where we have offered some places at the Club to those members that have been unable to use Zoom.

These classes with attendance at the Club have been well received and the members have worked well with the safety measures in place.

As the weather warms and we can open more windows etc we shall increase the numbers of those participating in the Club.

- Bring your own equipment. Sharing equipment is not advised. We shall not provide any equipment to be borrowed.

- Cleanliness will be paramount for health and safety reasons.

- The cost is £5 per person to cover overheads.

- Bring a towel and water

- No food or refreshments will be on sale.

We would like everyone to have a good time sparring, pushing hands, groundwork, catching, sparring sets, etc. etc.

Rules for each contest will be agreed prior to a bout and adhered to!!!

KIXX Martial Arts Club - FIGHT CLUB

KIXX Martial Arts Club

FIGHT CLUB

Stand-Up
Groundwork
Pushing Hands
Sparring Drills

Rules will be agreed by individuals per bout and will be adhered to!!!

Relax
Make YOUR Agreement
Improve YOUR Technique
Improve YOUR Confidence
Have FUN



We have decided to hold a FIGHT CLUB on Saturday the 26th March 2022.

The times are 12:30pm to 4pm 'ish...

The numbers will be limited so those people that would like to attend must book in advance. Once we have reached the required number anymore people will be put on a waiting list for any places that become free...

Please remember the following:

- If you book and you cannot make it **PLEASE TELL ME AS SOON AS POSSIBLE** so we can offer your place to someone else!!!

Macmillan Cancer Support

Our member Jacob will be taking part in a sponsored event for Macmillan Cancer Support on the 11th June 2022 and consists of a South Coast 26 mile Mighty Hike.

He has a website for people to donate sponsor monies so please use the following link...

www.justgiving.com/team/fellowshiphikers

Members of KIXX that would like to donate cash, please pass it to Tracy who will pass it to Jacob with details of your contribution amount.

CALENDAR – Dates to Remember...

Saturday 26th MAR - FIGHT CLUB, PRE-BOOKED ATTENDANCE ONLY!!!!!!!

Sunday 27th - British Summer Time begins so the clock will go forward one hour!!!!!!!

Friday 15th APR - GOOD FRIDAY Bank Holiday

Sunday 17th APR - EASTER SUNDAY

Monday 18th APR - EASTER MONDAY Bank Holiday

Monday 2nd MAY - May Bank Holiday

Thursday 2nd JUN - Spring Bank Holiday

Friday 3rd JUN - Bank Holiday - Queens Platinum Jubilee Celebrations

Monday August 29th - August Bank Holiday

A FULL TIME CENTRE for Chinese Martial Arts; Traditional SHAOLIN Kung Fu, Modern Wushu, Sanshou (Fighting), Self-Defence, Weapons, Relaxation, Tai Chi (Wuji) and Martial Fitness / Circuit Training... Classes to suit all ages and abilities...