



KIXX Martial Arts Club, Granville Rd, Maidstone, Kent ME14 2BJ

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JULY 2021 Newsletter

KIXX Martial Arts Club - Covid Update



KIXX Martial Arts - Update

On the 14th June 2021 the Prime Minister said that the Lockdown will continue for another 4 weeks until the 19th July. The main reason given was the increase in cases due to the Delta variant. The main issue was the increase in hospitalisation. As a result we shall have to continue with the current rules and allow no more than the pre-booked 6 people indoors (with social distancing). Hopefully we shall have more uplifting information in July...?

KIXX Martial Arts Club - Classes at the Club

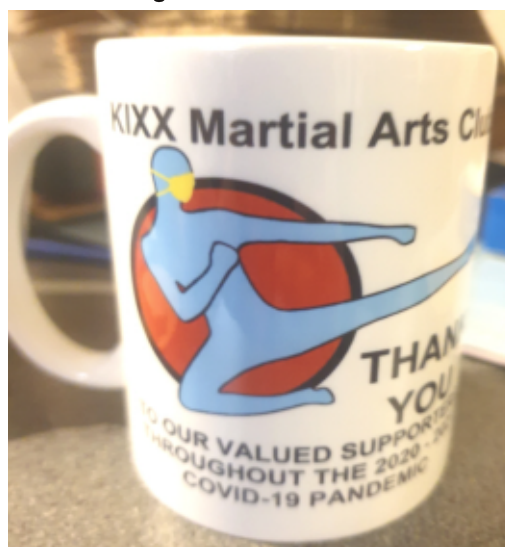


Although numbers have had to be limited, we have been very pleased to welcome people back into the Club for classes. The Government Guidelines remain in place for up to six people indoors. We are very pleased that we have been able to continue with Zoom in most of the classes. This has enabled us to ensure the minimum of disruption to our current temporary timetable.

KIXX Martial Arts - Supporters

We are very happy to have been able to pass out the KIXX Supporters Cups to most people that have supported us throughout the pandemic. For those people that we have yet to reach, the cups

are in the Club waiting for the day when you will be able to come along...



KIXX Martial Arts - Quiz Fun

For those of you that are missing the contact element of the Chinese Boxing classes, we thought we would remind you of some of the sparring sets. Text us the answer and we can find out who reads the Newsletters... :-)

Take a look at the techniques below and see if you can recognise the grade from the adult syllabus that this set is related to?

These techniques are also used in the junior syllabus but for which grade?

We hope you enjoy the task of finding out :-)



CALENDAR – Dates to Remember...

Monday 30th AUG – Bank Holiday (The Club will be closed all day)

Saturday 11th DEC - KIXX Annual Awards Evening (to be confirmed!!!)

A FULL TIME CENTRE for Chinese Martial Arts; Traditional SHAOLIN Kung Fu, Modern Wushu, Sanshou (Fighting), Self-Defence, Weapons, Relaxation, Tai Chi (Wuji) and Martial Fitness / Circuit Training... Classes to suit all ages and abilities...