



KIXX Martial Arts Club, Granville Rd, Maidstone, Kent ME14 2BJ

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# AUGUST 2020 Newsletter

## KIXX Martial Arts Club - RE-OPENED

Following the Government Guidelines, we were able to re-open our Club on Saturday 25th July. More information that is kept up to date daily may be found on our Facebook pages:

**KMA CLUB MEMBERS** (page for members only)  
**KIXX Martial Arts Club**  
**KIXX Martial Arts Maidstone**

We aim to continue with the Zoom classes but allow people into the Club to train alongside. The camera for the Zoom class will be concentrating on the Instructor for the class not the people attending in the hall. A Temporary Timetable will be in effect from the 25th July to the 5th September 2020.

Please note that there will be Government advised terms and conditions in force for anyone coming to training in the Clubhouse. More details will be found on Facebook and will be available to see in the Club. A few examples but not in order of priority:

**NO CONTACT allowed at all**  
**Entry to Club via the side gate**  
**Wait in the car park to be admitted**  
**Observe Social Distancing at all times**  
**Please bring a Face Mask**  
**Compulsory use of Hand Gel & Disinfectant Wipes**  
**No face to face training**  
**No shouting**  
**No Changing Rooms**  
**No sharing of kit**  
**Emergency use of toilets only**  
**No Spectators**  
**Etc...**

Continuous monitoring will be in effect to keep up to date with the latest Government Guidelines...

Everybody entering the Club will have their name recorded on the class register for the purposes of Track and Tracing. The Government advises that we keep this information for 21 days.

## KIXX Martial Arts Club - KIXX Zoom Social



Our regular KIXX Zoom Get Togethers have been a great success and we have been very pleased to welcome friends from as far afield as Thailand (Paul) and the USA (John). We hope to welcome some people from Malaysia soon but the time difference is a bit of an issue.

## KIXX Martial Arts - Zoom and Attended Classes

The combined Zoom and Attended classes have been working well. The procedures in place at the Club are there for everyone's continued safety. We would like to remind people that we all have a duty of care to each other so if you feel unwell please do not consider coming to the Club, make use of the Zoom option.

Members are welcome to make an appointment to come to the Club and check the safety measures we have put in place prior to booking a class. For confidence, each person should assess the setup for themselves.

Any comments, concerns, suggestions should be passed to Nigel or Tracy immediately so they may be acted upon in good time.

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## CALENDAR – Dates to Remember...

Monday 31st AUG – Bank Holiday Monday  
(No Classes Today)

A FULL TIME CENTRE for Chinese Martial Arts; Traditional SHAOLIN Kung Fu, Modern Wushu, Sanshou (Fighting), Self-Defence, Weapons, Relaxation, Tai Chi (Wuji) and Martial Fitness / Circuit Training... Classes to suit all ages and abilities...