



***A Chinese Martial Arts Centre of Excellence for Adults / Children to Learn ...  
South SHAOLIN Kungfu, Self-Defence, Wu Chi / Tai Chi Relaxation, KIXX Boxing Martial Circuits, Competition Fighting ...***

### **Grandmaster Kim Han - Wu Chi Course**

The course given on the 23rd September was well received by all. Grandmaster Han was at his best giving plenty to think about with the practical applications from the form. We are all looking forward to the next course...



Grandmaster Han (centre) would like to thank all those that came along. It was a pleasure to teach such a willing group of students. Now practice.

### **KIXX Martial Arts Club - Junior High Grades**

It was very good to see the Junior High Grades returning to the monthly class after the long Summer Holiday. The next class is planned for the 22nd October.



### **KIXX Martial Arts Club - Grading**

The **Chinese Boxing Course and Grading** for adults and children will be held on **Saturday 7th October**. The registration will begin at 12noon (**Not Before due to classes**).

If you would like to grade please ask your instructor. You must ensure that your instructor has approved your standard and that you have received an invitation to do so. The invitation will detail date, times and cost.

The correct uniform and sash must be worn at a grading so please see Tracy if you need anything or unsure of the requirements.

An example of the correct uniform to be worn...



**Note:** Failure to wear the correct uniform and sash may result in a student being unable to grade!

### **KIXX Martial Arts Club - First Aid Course**

The First Aid course is by invitation only and will take place on Sunday the 8th October from 9am to 3pm. Please bring a sandwich for lunch time.

### **KIXX Martial Arts Club - DAY TIME USERS**

Day time users of the KIXX Martial Arts Club facility **please note that during school term time the club house in Granville Rd may be closed on **Mondays** (2:45pm to 5pm), **Tuesdays** (3:15pm to 4:30pm) and **Thursdays** (2:50pm to 4:45pm)**. The reason for the temporary closures during school term time is to enable instructors to attend local primary schools to provide KIXX Martial Arts - **After School Clubs**. We would like to thank all of our members very much in advance for their help and support with this endeavour.

### **KIXX Martial Arts Club - KIDZ Chinese Boxing**

The names of the winners to be awarded the weekly KIXX KIDZ Chinese Boxing Trophy for this month:

***Lucy Wilkinson, Will Keeley, Lia Aure,  
Nathaniel Carrington-West and Louis Davey***

### **KIXX Martial Arts Club - KIDZ Qingda Sparring**

The names of the winners to be awarded the weekly KIXX KIDZ Qingda Sparring Trophy for this month:

***Charlie Broderick, Archie Milne,  
Dillon Nguyen and Tyler Grant***

### **CALENDAR 2017 - Dates to Remember...**

**7th OCT - Chinese Boxing Grading (Adults and Kids)**

**8th OCT - First Aid Course**

**15th OCT - Adult High Grades Class**

**22nd OCT - Junior High Grades Class**

**28th OCT - Fight Club (usual rules)**

**29th OCT - Wushu Course pt 1**

**4th NOV - Wushu Course pt 2**

**11th NOV - WUSHU Grading (See Tracy)**