



SEPTEMBER 2017

KIXX Martial Arts Club, Granville Rd, Maidstone Kent. ME14 2BJ +44 (0) 7941 340284 www.kixxmartialarts.co.uk

***A Chinese Martial Arts Centre of Excellence for Adults / Children to Learn ...
South SHAOLIN Kungfu, Self-Defence, Wu Chi / Tai Chi Relaxation, KIXX Boxing Martial Circuits, Competition Fighting ...***

KIXX Martial Arts Club - Shirts Around the World

We were very pleased with all the photos sent in to show their KIXX Martial Arts Shirt in locations around the world. To name a few: Will, Emily, Tom, Leila, Ben, Lucy, Marcus, Mark, Austin and Scott.

The holiday season is over and we are looking forward to seeing everyone again in September.

KIXX Martial Arts Club - Fight Club

SATURDAY SEPTEMBER 9th (FROM 1PM)

KIXX Martial Arts Club

FIGHT CLUB

Stand-Up
Groundwork
Pushing Hands
Sparring Drills

Rules will be agreed by individuals per bout and will be adhered to!!!

Relax
Make YOUR Agreement
Improve YOUR Technique
Improve YOUR Confidence
Have FUN



KIXX Martial Arts Club - COMPETITION

We would all like to wish Ben and Ocean the best of luck in their Cage Fight in Faversham on Saturday the **16th September**.

Ben will be competing in his first MMA rules event. This will be Ocean's first competition and he will be entering the K1 rules event.

Grandmaster Kim Han - Wu Chi Course

Grandmaster Han
Disciple to Grandmaster
Chee Kim Thong



We are very pleased to have Grandmaster Han come to our Club to teach us this relaxing and very healthy facet of the Chinese martial arts. The style is similar to tai chi with posture, breathing and harmonious movement at its core. He will be teaching elements of

the form and give more clarity to the applications (both martial and health). The course is open to all levels of ability and will benefit well being as well as martial arts.

The course is on **SATURDAY 23rd SEPTEMBER** and begins at **12:30pm** lasting for 3 hours.

Please book early to reserve your place as space in the club will be limited.

KIXX Martial Arts Club - GRADING / COURSE

There will be a Chinese Boxing Grading and Course on **Saturday the 7th October 2017** from **12:30pm** to approx 3:00pm. The weekly Chinese Boxing classes will emphasise the grading syllabus over the coming weeks so we encourage those students that would like to grade to confirm their level with their instructor.

Those students that are not going to grade may still attend the course part of the session to take advantage of the extra training opportunity. Correct uniforms and sashes must be worn when grading. Please speak to Tracy for more information.

KIXX Martial Arts Club - DAY TIME USERS

Day time users of the KIXX Martial Arts Club facility **please note that during school term time the club house in Granville Rd may be closed on **Mondays** (2:45pm to 5pm), **Tuesdays** (3:15pm to 4:30pm) and **Thursdays** (2:50pm to 4:45pm).** The reason for the temporary closures during school term time is to enable instructors to attend local primary schools to provide KIXX Martial Arts - **After School Clubs**. We would like to thank all of our members very much in advance for their help and support with this endeavour.

KIXX Martial Arts Club - KIDZ Chinese Boxing

The names of the winners to be awarded the weekly KIXX KIDZ Chinese Boxing Trophy for this month:

Will Keeley, Ella Broderick, Charlie Broderick and Oliver Rous

KIXX Martial Arts Club - KIDZ Qingda Sparring

The names of the winners to be awarded the weekly KIXX KIDZ Qingda Sparring Trophy for this month:

Tom Keetarut, Ocean Banh, Theo Glee, Tom Savage and Balazs Toth

CALENDAR 2017 - Dates to Remember...

- 9th SEP - Fight Club (over 16yrs)**
- 16th SEP - Cage Fight Competition, Faversham**
- 17th SEP - Adult High Grades Class**
- 23rd SEP - Wu Chi Course with Grandmaster Han (Similar to Tai Chi, all levels are welcome)**
- 24th SEP - Junior High Grades Class**