



***A Chinese Martial Arts Centre of Excellence for Adults / Children to Learn ...
South SHAOLIN Kungfu, Self-Defence, Wu Chi / Tai Chi Relaxation, KIXX Boxing Martial Circuits, Competition Fighting ...***

KIXX Martial Arts Club - WUSHU

The KIXX Martial Arts Club Competition Wushu grading took place on Saturday 11th June. We were very pleased to grade nine members of this rapidly growing class. The head coach for the Wushu class, Sifu Tracy, said *"The improvement over recent months has been very impressive. There is a mixture of adults and children training in these energetic, non contact, performance based classes. Some of the students will progress to taking part in demonstrations and competitions though this is not a forced requirement. A number of students enjoy the improvements in flexibility, speed, strength and stamina that these classes offer"*.



For those students that would like a copy of the several hundred photos taken, please pass a memory chip to Nigel.

KIXX Martial Arts Club - Demonstration at Sandling

The KIXX Martial Arts Club Demonstration Team was in action at the Sandling School Fair on Saturday 18th June. Despite the cloudy weather the fair and the displays went ahead. All of the KIXX Martial Arts students performed very well despite some of them performing for the first time. Well done!

Many thanks to Sandling School, Mark Warriner, the KIXX Martial Arts Club students, the parents, the supporters and all of the spectators for an excellent day!!!



The Demo Team:
Marcus, Daisy, Leila, Ella, Ben, Jenga, Christie, Callum, Lucy, Kurtis, Charlie, Austin, Grace, Sonny, JF, Ray, Rebekka, Willem, Rhiann, Alex, Scott, Steve (stand), Nigel and Tracy



KIXX Martial Arts Club - Demonstration Team - Sandling 18-06-16

KIXX Martial Arts Club - JULY FIGHT CLUB



Have a go!?!?

All of the Fight Club students are very pleased to be invited to travel to Andrew and Melissa's Wuzuquan Club in **Watford** for the July event. The plan is to have some formal Wuzuquan training followed by the usual Fight Club fighting, set sparring, groundwork, etc all to be governed by the usual rules / agreements in force at these events.

KIXX Martial Arts Club - DAY TIME USERS

Day time users of the KIXX Martial Arts Club facility **please note that during school term time the club house in Granville Rd may be closed on Mondays (2:45pm to 5pm), Tuesdays (3:15pm to 4:30pm) and Thursdays (2:50pm to 4:45pm). The reason for the temporary closures during school term time is to enable instructors to attend local primary schools to provide KIXX Martial Arts - After School Clubs. We would like to thank all of our members very much in advance for their help and support with this endeavour.**

KIXX Martial Arts Club - KIDZ Chinese Boxing

The names of the winners to be awarded the weekly KIXX KIDZ Chinese Boxing Trophy for this month:

Theo Glee, Christie Glenister, Daisy Mallion and Alexander Catterall

KIXX Martial Arts Club - KIDZ Qingda Sparring

The names of the winners to be awarded the weekly KIXX KIDZ Qingda Sparring Trophy for this month:

Ella Broderick, Leila Roberts, Cody Deuchar and Ben Keetarut

CALENDAR 2016 - Dates to Remember...

- 2nd July - Demonstration at St Francis**
- 10th July - Adult High Grades Course**
- 17th July - BCCMA Competition, Gillingham**
- 24th July - Junior High Grades Course**
- 31st July - Fight Club in Andrew & Melissa's Wuzuquan Club in WATFORD**