



The KIXX Martial Arts Codes of Conduct

JUNIORS

KIXX Codes of Conduct

As a child training at KIXX Martial Arts I rely on my parents and my instructors to help me with the following Codes of Conduct for KIXX Juniors. I will learn the following and benefit from making it part of my training and future development at KIXX and in my daily life...

These are not listed in order of priority.

- Know the KIXX Rules and Codes of Conduct.
- **Respect** your parents, instructors and yourselves.
- Listen to the instructor / coach.
- Watch the instructor / coach.
- When told to **STOP** you must **STOP!**
- No bullying (treat others as you would like to be treated).
BULLYING WILL NOT BE TOLERATED.
- Be polite and helpful (no swearing or bad behaviour).
- Control your temper at all times.
- No falling over, tripping, being silly or messing about.
- Look after all KIXX equipment and your own equipment at all times.
- Ask you instructor before leaving a class for any reason (e.g. toilet, drink, etc). Do not just walk off!
- Tell your instructor immediately if you are injured or unwell.
- Be a good sport (friendly, helpful, enjoy yourself).
- Work hard and come to the classes because you enjoy yourself and make new friends.
- Look after your uniform and remember that **whilst you are wearing it you represent KIXX Martial Arts** and that you are bound by the KIXX Rules and Codes of Conduct. For example, when at demos, competitions, functions and away from KIXX.

These Codes of Conduct are to be read in conjunction with the KIXX Gym Rules.